





# MULTILINGUAL ORIENTATION TOOLS

guide to understanding high school courses





# **IAL SARONNO**

Via Marx, 1 - 21047 SARONNO (VA) sede.saronno@ialombardia.it www.ialombardia.it - ialombardia.it/sedi/saronno/ Sportello Orientamento Tel. 0296702399 - 0296367204







The Centro di Formazione Professionale offers students a curriculum based on technical and workshop experience.

In vocational training courses, students will focus on work-related technical subjects. These courses include many hours of practical activities in workshops and internships in real work places. Vocational training provides knowledge and skills to enter the workforce.

The student who chooses this type of school must be oriented and prepared for entering theforce work and be motivated and passionate about their target profession.

CLASSROOM STUDY ACTIVITIES	INTERNSHIP ACTIVITIES  The internship is an integral part of the training course. It takes place in a company and it is a practical experience aimed at learning the target profession.	
At the vocational training centre, basic subjects (mathematics, Italian, English) are handled in a more practical way. All students have a Tablet at their disposal.		
ITALIAN AND COMMUNICATION, ENGLISH, HISTORY, MATHEMATICS AND SCIENCE, INFORMATION TECHNOLOGY, ORIENTATION, P.E., ETHICS, FOOD SCIENCE	First year	990 hours of which 380 of technical-professional laboratory
	Second year	990 hours of which 218 of technical-professional laboratory and 425 of internship in the company
	Third year	990 hours of which 145 of technical-professional laboratory and 495 of internship in the company
	Fourth year	1015 hours of which 180 of technical-professional laboratory and 486 of internship in the company









# RISTORAZIONE CUCINA



At the end of the course the student will have skills and experience necessary

- to carry out all kinds of culinary preparations;
- to know and handle the entire production process in the catering industry and the laws and regulations specific to the sector.

## **WORK POSSIBILITIES**

The kitchen assistant will be able to work in all the companies of the catering sector (restaurants, canteens, self-service) and in large-scale distribution (gastronomy departments).

#### TECHNICAL AND VOCATIONAL SUBJECTS

- Food science
- Safety and hygiene
- Practical workshops (cooking, making fresh pasta and plate dessert, butchery)

3 YEARS OF STUDY 3 YEARS > PROFESSIONAL QUALIFICATION FOURTH YEAR > TECHNICAL DIPLOMA









# RISTORAZIONE SALA BAR



At the end of the course the student will have the skills and experience necessary

- to perform, individually and/or in team the serving and selling of food and beverages;
- to carry out different types of Front of house service (from restaurants to grand hotels) and the main bar preparations.

## **WORK POSSIBILITIES**

The graduated student will be able to work in catering companies, traditional restaurants, gourmet restaurants, banquet restaurants, hotel restaurants and grand hotels, etc. and in public sales establishments (bars, pubs, wine bars).

## **TECHNICAL AND VOCATIONAL SUBJECTS**

- Food science
- Safety and hygiene
- Practical workshops (bar, kitchen and pastry)

3 YEARS OF STUDY 3 YEARS > PROFESSIONAL QUALIFICATION FOURTH YEAR > TECHNICAL DIPLOM









# RISTORAZIONE PANIFICAZIONE E PASTICCERIA



At the end of the course the student will have the skills and experience necessary

- to make all types of bakery and pastry products, through the use of appropriate techniques;
- to know and handle current hygiene and safety regulations.

### **WORK POSSIBILITIES**

At the end of the course, graduates will be able to find employment in artisan and industrial companies in the bakery and confectionery sector and in the large-scale retail trade.

## **TECHNICAL AND VOCATIONAL SUBJECTS**

- Food science
- Safety and hygiene
- Practical workshops (bakery, pastry, bar, gastronomy and packaging)

3 YEARS OF STUDY 3 YEARS > PROFESSIONAL QUALIFICATION FOURTH YEAR > TECHNICAL DIPLOM









# **MECCANICA**



"MOTOR VEHICLE REPAIR OPERATOR"

Maintenance and repair of mechanical and electromechanical items and systems.

## **COURSE FINAL GOALS**

The course trains professionals capable of repairing mechanical and mechatronic items and systems of thermal, hybrid and electrically powered vehicles.

#### **FUTURE CAREER OPPORTUNITIES**

At the end of the course students will be able to work in the maintenance and repair departments of car dealerships and car repair shops.

Once the three-year qualification has been obtained, it is possible to enroll in a following fourth year of school, obtaining the certificate of Specialist Professional Diploma









# **ACCONCIATURA**



"WELLNESS OPERATOR:
HAIRDRESSING"
Course duration: Three-year course (for a total of 2970 hours)

## **COURSE FINAL GOALS**

The course provides the necessary skills to autonomously perform treatments and services aimed at improving hair appearance, which do not involve medical performances. It also provides the skills to cut hair and treat beard.

#### **FUTURE CAREER OPPORTUNITIES**

At the end of the course students will be able to work as an employee in beauty salons, hairdressing shops and specialised companies in the hairdressing industry.

N.B.: It is possible to set up one's own business or to take on the role of "Technical Director" in a company in the beauty industry, by attending the one-year course as established by Law 174/2005 on the Regulation of the Hairdresser's Activity. Students who attend the fourth year may be admitted to the specialisation exam aimed at obtaining a licence to practise as a Hairdresser









# **ESTETICA**



"WELLNESS OPERATOR:
BEAUTY TREATMENT SERVICES"
Course duration: Three-year course (for a total of 2970 hours)

## **COURSE FINAL GOALS**

The course provides the necessary skills to autonomously perform cosmetic treatments and the application of basic beauty treatments that do not involve medical performances, aimed at improving the person's appearance.

#### **FUTURE CAREER OPPORTUNITIES**

At the end of the course the student will be able to work as an employee and/or coworker in beauty salons, firms and companies in the beauty industry.

N.B.: It is possible to set up one's own business or to take on the role of "Technical Director" in a company in the beauty industry, by attending the one-year course as established by Law 174/2005 on the Regulation of the Hairdresser's Activity. Students who attend the fourth year may be admitted to the specialisation exam aimed at obtaining a licence to practise as a Wellness operaton in Beauty treatment service









# **CUOCO PERSONALIZZATI**



CUSTOMISED COURSE FOR STUDENTS WITH DISABILITIES (CHEF'S ASSISTANT)

The course is aimed at young people who have finished secondary school (third grade) with official documentation certifying their disability. The entire staff is committed to enhancing and developing the autonomy and skills of each individual student in order to foster real social and work integration. At the end of the course, the student will be able to carry out any type of culinary preparation in relation to the skills and competences acquired.

#### **LEARNING PROGRAMME**

The course is based on individualised learning. The course's educational goals are linked to a life project shared with the student, the family and the local social services. The student will be part of a small group. Class groups consist of a maximum of 14 students in years 1 and 2, and 16 in year 3. This teaching approach makes it possible for the student to achieve educational success and the qualification of the relevant professional profile.

The course lasts three years. Learning goals are customised and individualised through the PEI (Individualised Educational Plan: this is the document that sets out the goals and activities that will be carried out during the school year)

#### **FUTURE CAREER OPPORTUNITIES**

The assistant chef will be able to work in any type of company in the catering field (restaurants, canteens, self-service) and in supermarkets (gastronomy departments). Once the three-year qualification has been obtained, it is possible to enter an additional year, aimed at identifying a social and professional context suited to the characteristics of the individual student.

